

FACES & PLACES  
April 8, 2019

## WCA/HVEDC host digital future event

The Westchester County Association (WCA) and Hudson Valley Economic Development Corporation (HVEDC) held panel discussions at their Investing in Our Digital Future: Exploring the Impacts of Next Gen Technology event on March 23. The event focused on the direct impact of high speed and wireless technology on economic development, workforce development, health care and the educational system.

The event was held at the IBM Learning Center in Armonk in front of an audience of approximately 100.

1. From left: WCA President and CEO **William M. Mooney Jr.**; Westchester County Executive **George Latimer**; and Hudson Valley Economic Development Corporation President and CEO **Mike Oates**.

2. From left: **Bob Cacace**, COO/CIO of the city of Yonkers; **Terry Kirchner**, executive director, Westchester Library System; **Joe Ricca**, superintendent, White Plains School District; **Bea Grause**, president and CEO, Healthcare Association of New York; and **Mike Oates**, president and CEO of the Hudson Valley Economic Development Corporation.



1. From left: WCA President and CEO **William M. Mooney Jr.**; Westchester County Executive **George Latimer**; and Hudson Valley Economic Development Corporation President and CEO **Mike Oates**.



2. From left: **Bob Cacace**, COO/CIO of the city of Yonkers; **Terry Kirchner**, executive director, Westchester Library System; **Joe Ricca**, superintendent, White Plains School District; **Bea Grause**, president and CEO, Healthcare Association of New York; and **Mike Oates**, president and CEO of the Hudson Valley Economic Development Corporation.



## Don't Miss These NPW Events!

1 message



## EVENTS



Don't miss out on all the networking and professional development opportunities NPW has planned for you and your staff. See the full calendar of events here.

*Please note: Registration for most NPW events is restricted to Members. Each participant must be listed as a contact with the member organization before registering. Email [sgardos@npwestchester](mailto:sgardos@npwestchester) to be added to your organization's account. To learn about membership, click here.*

### Sexual Harassment Prevention Training

**Multiple Offerings: April 12, April 16, May 8, May 21**

**Westchester Library System | 570 Taxter Road Suite 400 | Elmsford, NY 10523**

All employees in New York State must be trained in Sexual Harassment Prevention by October 9, 2019. Attend any one workshop session to fulfill this new requirement. You will learn how to prevent harassment and cultivate a safe and respectful work environment. These workshops are made possible through a collaboration between The Westchester Library System and Nonprofit Westchester. There is a \$50 fee for this workshop.

[Register Now](#)

**Collaborating with Your Employees to Find Solutions  
for a Healthy Work/Life Balance  
Tuesday, April 2, 9:00 AM - 10:30 AM**



## Upcoming Events From NPW Members

1 message



# MEMBER EVENTS

Members: Want NPW to promote your events? Send to [newsletter@npwestchester.org](mailto:newsletter@npwestchester.org)

### WJCS 2019 Gala Tuesday, April 2nd

Join WJCS in celebrating their 2019 annual Gala honoring Neil Sandler and Roy Stillman. By attending, your support helps to make a difference in over 20,000 Westchester residents' lives.



### Teen Science Cafe: How Dogs Experience The World Wednesday, April 3rd

Teen Science Cafe is a space for youth to meet and network with scientists while keeping up-to-date on the latest scientific developments. With Madelyn Baker of the Horowitz Dog Cognition Lab at Barnard College, Columbia University. Fee: Free



### 39th Annual Volunteer Spirit Awards Friday, April 5th

Celebrate & support local volunteerism at this special breakfast event. By attending, you're also getting a seat at one of the most beloved, feel-good events of the year and also hear from exceptional volunteers who are making a difference right here in your own community. Online event registration closes on March 22nd.



### Celebrating Westchester Libraries Breakfast Friday, April 5th

Celebrate Westchester libraries and the launch National Library Week. The 2020 Census is one year away and libraries from around the country are poised to take a role in promoting a complete census count and providing reliable information on its importance. Learn more

about how libraries are working to ensure everyone is counted!  
 Featured speaker: Michelle L. Young, MLS, NYLA President,  
 2018-2019, Director of Libraries.




---

**Feeding Westchester Spring Gala  
 Friday, April 5th**

An elegant evening to end hunger in Westchester. As the heart of a network of more than 300 partners, Feeding Westchester sources and distributes food, and other resources, to towns across Westchester helping to ensure that none of our neighbors are hungry. Exclusive VIP Reception | 5:30-6:15 PM, 6-7 PM Cocktails | 7-9 PM Dinner. Festive cocktail attire.




---

**Advocacy Works! Spring Webinars for Parents  
 Through April 30th**

Getting Kids on Track to School Success - Become a Better Advocate Webinar Series. Top-notch presenters with information based on unique legally-based, problem-solving approach. Topics: 4/10 - School Meeting Requested, 4/30 - IEP Basics




---

**When All Boats Rise  
 Saturday, April 6th**

Join The Carver Center for an evening of dinner, dancing and paddle raising to help raise the necessary funds to Build Brighter Futures for families and individuals of Port Chester. At Carver Center, all boats rise because their expectation is collective excellence.




---

**Equal Access to Justice Dinner  
 Tuesday, April 9th**

Join Legal Services of the Hudson Valley for their 2019 Equal Access to Justice Dinner. Honoring: John Flannery, ESQ.- Former LSHV Board Member and Regional Managing Partner of Wilson Elser Moskowitz Edelman & Dicker LLP, Mastercard's Law, Franchise & Integrity Group, and Julie Kinch, ESQ. - Senior Vice President & Chief Legal Officer at Heineken.




---

**DOROT Westchester Spring Luncheon  
 Wednesday, April 10th**

Join DOROT Westchester for their Annual Spring Luncheon with special guest speaker Joy Bauer, Nutritionist and Health Expert for The Today Show. All guests will receive a signed copy of Joy's latest book, "Joy's Simple Food Remedies".




---

**Girls Inc. Strong, Smart & Bold Gala  
 Wednesday, April 10th**







"Seat walls" are pictured as work continues on a multi-million dollar renovation of the White Plains Library Plaza, April 24, 2019. (Photo: Mark Vergari/The Journal News)

Hope said a new back door to the library will make it easy to walk outside to the knoll area. He said the library's new cafe will be able to put seats and tables outside for patrons during nice weather.

"We're taking a desolate, uninviting, hard space, and turning it into a welcoming destination," he said.

*Twitter: @RichLiebson (<https://twitter.com/RichLiebson>)*

Read or Share this story: <https://www.lohud.com/story/news/local/westchester/white-plains/2019/04/26/white-plains-library-plaza-construction-trees-gardens/3553877002/>

**MOUNT VERNON PUBLIC LIBRARY  
NOTICE OF SPECIAL MEETING OF THE  
MOUNT VERNON CITY SCHOOL DISTRICT**

**RESOLUTION#0038-19**

**NOTICE IS HEREBY GIVEN** that on Tuesday May 7, 2019, between the hours of 7:00 A.M. and 9:00 P.M., a special district meeting of the Mount Vernon City School District will be held to take votes on the following issues:

**PROPOSITION #1** - Shall the sum of **\$4,779,094** be raised by annual levy of a tax upon the taxable real property within the Mount Vernon City School District for the purpose of funding the operating budget of the Mount Vernon Public Library?

**NOTICE IS ALSO GIVEN** that votes on the above issue will be taken on Tuesday, May 7, 2019 between the hours of 7:00 A.M. and 9:00 P.M. at the Mount Vernon Public Library, located at 28 South 1 Avenue, Mount Vernon, New York.

**NOTICE IS FURTHER GIVEN** that the Board of Registration shall meet on April 23, 2019 from 11:00 A.M. until 5:00 P.M. at the Mount Vernon Public Library, located at 28 South 1st Avenue, Mount Vernon, New York, for the purpose of preparing a register of the said qualified voters of the school district for the special district meeting, at which time any person shall be entitled to have his/her name placed upon such register, provided that at such meeting of the Board of Registration he/she is known or proven to the satisfaction of such Board of Registration to be then or thereafter entitled to vote at said special district meeting. Additionally, any person otherwise entitled to vote at said special district meeting may register at the Office of the District Clerk of the Mount Vernon City School District on any school day between the hours of 9:00 a.m. and 4:00 p.m. through April 23, 2019. The register of the qualified voters of said School District shall be used by said Board of Registration as the basis for said special district meeting to be held on May 7, 2019. In addition, any person otherwise qualified to vote who is registered with the Board of Elections of Westchester County under the provisions of the Election Law, shall be entitled to vote at said special district meeting without further registration. Immediately upon its completion, said register will be filed in the Mount Vernon Public Library and will be open for inspection by any qualified voter of the District no later than April 23, 2019 to the day of the vote May 7, 2019, on any business day between the hours of 9:00 A.M. and 4:00 P.M.

**NOTICE IS FURTHER GIVEN** that applications for absentee ballots may be obtained at the Mount Vernon Public Library during normal operating hours. If the ballot is to be mailed to the voter, the completed application must be received by the Library no later than seven (7) days before the vote, April 30, 2019. If the ballot is to be delivered personally to the voter, the completed application must be received by the Library no later than 5:00 P.M. on May 6, 2019. Completed absentee ballots must be received by the Library not later than 5:00 P.M. on May 7, 2019.

A list of all persons whom absentee ballots shall have been issued will be available in the Library on each of the five days prior to the day of the vote, between the hours of 9:00 A.M. and 4:00 P.M. except Saturdays and Sundays, and on May 7, 2019.

Only qualified voters who are duly registered will be permitted to vote.

Evania Thompson  
Library Director  
MOUNT VERNON PUBLIC LIBRARY

WP-GC0161304-01

**Visit your local Apple Bank branch today!**

- 1753 East Main Street, Mohegan Lake, 914-743-5002
- Rose Hill Shopping Center, Thornwood, 914-769-8400
- 33 Mamaroneck Avenue, White Plains, 914-948-5400
- 1075 Central Park Avenue, Scarsdale, 914-472-3699
- 85 Pondfield Road, Bronxville, 914-771-6770
- 75 Route 59, Monsey Town Square, 845-425-0189



Established 1863 • Member FDIC

[www.applebank.com](http://www.applebank.com)

Annual Percentage Yields (APYs) disclosed are effective as of 1/1/2019 and may be changed by the Bank at any time. \*CDs require a \$1,000 minimum balance to open and earn interest. Early withdrawal penalty may apply. CDs must be opened in person at an Apple Bank branch. Offer may be withdrawn at any time without prior notice.

WP-GC0117142-01

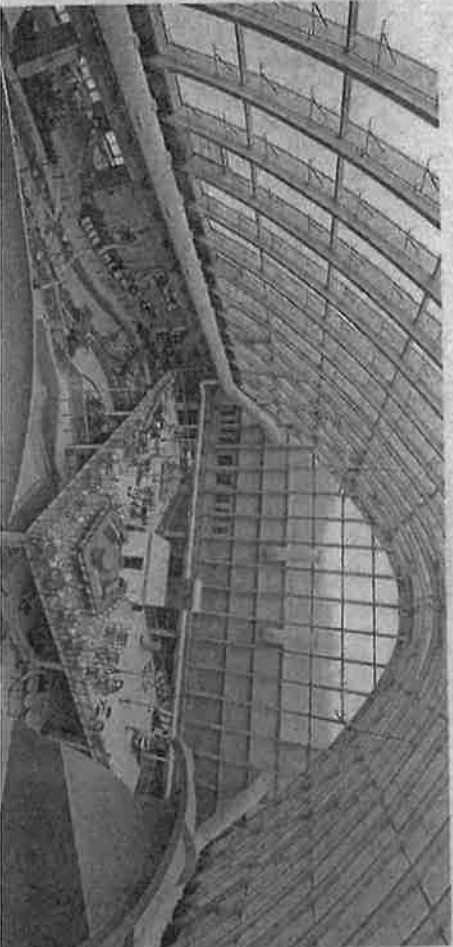
**Park**

Continued from Page 1A

Here are the details:

**Get wet in the water park**

On a cool April day, it was 84 degrees and sunny inside The Karttles water park. It has the standard



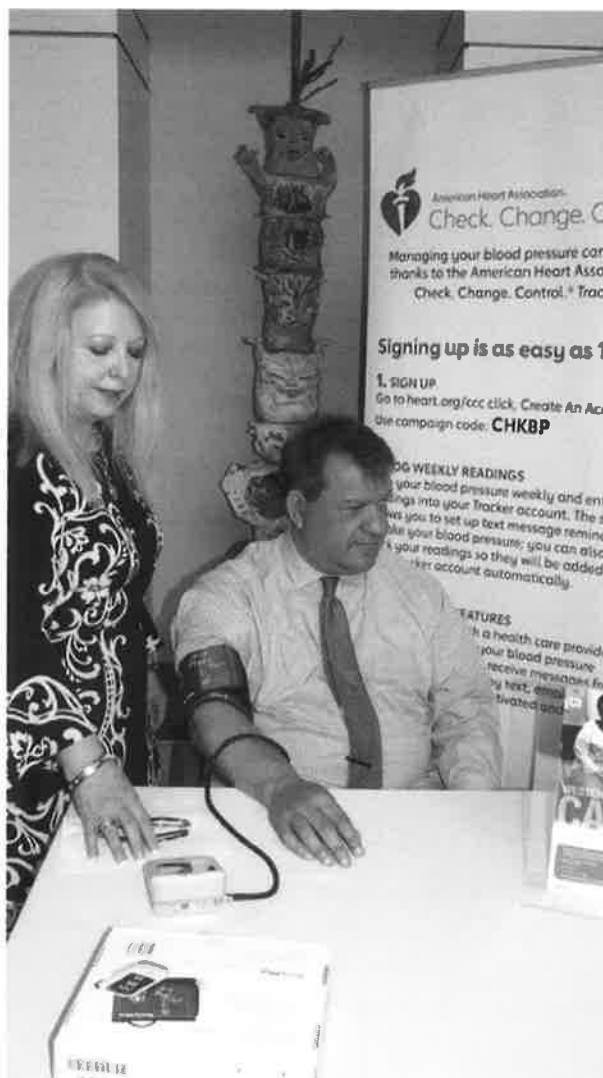
WP LOHUD.COM ■ TUESDAY, APRIL 16, 2019 ■ 5A



## Blood Pressure Monitors Available At Yonkers Library

The county health department partnered to increase access to tools that help identify hypertension.

By Michael Woyton | Mar 25, 2019 4:59 pm ET



County Executive George Latimer had his blood pressure checked Monday, March 25 at the Yonkers Riverfront Library. (Westchester County)

WHITE PLAINS, NY — Westchester County Executive George Latimer, Health Commissioner Sherlita Amler, MD, Yonkers Public Library staff and the American Heart Association, along with Yonkers residents, demonstrated Monday the ease of checking one's blood pressure with an automated blood pressure cuff now available to use or check out at the Yonkers Riverfront Library. Three identical blood pressure cuffs were given to the library through a pilot program funded by a New York State grant to promote and provide opportunities for self-measured blood pressure monitoring in the community.



Users sit down, slip their arm into the sleeve, relax and push a button, and the machine does the rest.

Subscribe

“Placing these cuffs at the library will make it as easy to check your blood pressure as it is to borrow a book,” Latimer said. “That’s a good thing, because it can prompt you to see a doctor and learn strategies to reduce your blood pressure.”

Health Commissioner Sherlita Amler, MD, said that hypertension, or high blood pressure, is known as the silent killer because many people don’t know they have it until it is too late.



“By making these automated cuffs more accessible to the public, we hope to save lives and encourage residents to work with a health care provider to help bring their blood pressure under control,” she said.

Amler said that one in three adults have hypertension, which increases the risk of heart disease — the No. 1 cause of death in Westchester.

She said the risk can be reduced by maintaining a healthy weight, reducing the consumption of salt, fat, cholesterol and alcohol, exercising more and eating more fruits and vegetables.

Through a partnership with CLUSTER, case managers will be available at the Yonkers Riverfront Library on designated days and times to assist residents with blood pressure monitoring, and library patrons can use the automated cuffs to check their own blood pressure when the library is open. Other services offered through the library include nutritional guidance, along with classes in yoga, Zumba and mindfulness that can help residents reduce their high blood pressure.

The County Health Department has 16 more automated blood pressure cuffs to distribute and wants to hear from other agencies and organizations that can make the monitors accessible to residents. For more information, contact Patrick Quinn at 995-6588.

Everyone who uses the cuff, as well as anyone monitoring their blood pressure at home with their own cuff, can track their blood pressure over time using the American Heart Association’s Check, Change, Control. online tracking tool. To create a free account, go to [www.ccctracker.com](http://www.ccctracker.com); and use the campaign code CHKBP.

According to the CDC, 34.6 million adults in the US have uncontrolled hypertension; of these 11.6 million don’t know they have it. In New York, 4.8 million adults — one in every three — are estimated to have hypertension, and only 63 percent have it under control. In Westchester, an estimated 28.5 percent of adults were diagnosed with hypertension in 2016.

Normal blood pressure is less than 120/80, but one high blood pressure reading does not mean you have hypertension. Blood pressure must be measured at different times, while you are resting comfortably for at least five minutes. To diagnose hypertension, at least three readings greater than 120/80 are usually required, medical authorities said.

More information about hypertension is available at [www.westchestergov.com/health](http://www.westchestergov.com/health).

---

*Find and "Like" Hudson Valley Patches' Facebook Pages.*

[See article on Patch >](#)

More from White Plains, NY Patch



### Free Youth Summit to Offer Career Path "Test Drives"



### These Are 25 Of Amazon's Most Popular Kitchen Items